

## Member Spotlight: Parviz K. Kavoussi, MD



*"Life is what happens while you are making other plans." – Unknown*

Inspired by his father's dedication to his family and patients, Parviz K. Kavoussi, MD knew he wanted to follow in his footsteps and become a physician as well at the age of three. He began his pursuit early and volunteered in an emergency department at 15-years-old. To

Dr. Kavoussi, the most rewarding aspect of his practice is being able to contribute to a patient's quality of life and helping couples achieve their dreams of creating a family.

Dr. Kavoussi currently practices with his father, K.M. Kavoussi, MD and his brother, Shahryar Kavoussi, MD at Austin Fertility and Reproductive Medicine center. Dr. Kavoussi specializes in male fertility, while his father and brother specialize in female fertility. They all share a common goal of providing quality care for their patients.

"I must admit that I am very fortunate to be practicing with my father and my brother who have shown me the ropes and allowed me to take advantage of their years of experience in practice," he said. "I'm surrounded by people I trust. I trust their judgment and their advice."

"There is no greater feeling than seeing a good outcome in a patient who has put his trust in you," Dr. Kavoussi said. "It's a blessing that we're a family that comes together to help couples build their own families."

After completing his residency and a 2-year fellowship at the University of Virginia in Charlottesville, Dr. Kavoussi returned to Austin in 2010 to practice as a fertility and reproductive medicine physician. A true Austinite, Dr. Kavoussi enjoys many of the city's top outdoor spots like running the trail at Town Lake, hiking the Greenbelt and taking a dip in Barton Springs or Hamilton Pool.

"I pretty much love everything about Austin," he said. "Having been raised here, and having been away for 16 years for school and training, I cherish every day in what I consider the greatest city in the country."

Dr. Kavoussi has made major contributions to clinical and scientific research in reproductive urology, including writing book chapters in multiple publications and serving as a peer reviewer for several scientific journals. He has also taught post-graduate courses at national meetings. He currently has a seat on the American Society of Andrology Public Affairs and Policy Committee that guides and promotes the best clinical practices in the fields of male infertility and sexual medicine.

Recently, Dr. Kavoussi edited and completed a first edition textbook on testosterone and male reproductive hormones titled "Clinical Urologic Endocrinology: Principle's for Men's Health," which should hit the shelves before the end of the year. However, his greatest lesson from his career to date is to stay humble. To new and future colleagues, Dr. Kavoussi advises to work hard, work ethically and remember that the patient always comes first.

"Learn from those around you, be it from your colleagues or your patients," he said.

Dr. Kavoussi is constantly striving to expand his knowledge in medicine and in life, and believes there is no better way to do so than from the experienced members of TCMS who practice in this community.

“It is very grounding to hear opinions and experiences of TCMS members” Dr. Kavoussi said. “There is a lot to learn about a community practice and a much higher level of responsibility, but with that, comes a much higher level of personal satisfaction.”

It is his deep commitment to the citizens of Travis County and the ability to contribute to the goals of the Society that keeps Dr. Kavoussi highly active in TCMS. Before becoming Chair of the TCMS Public Relations Committee in 2012, Dr. Kavoussi was a member on the same committee and was impressed by his colleagues’ dedication to serve the community and efforts to publicly acknowledge the services the Society provides

“Being involved in an association that unifies local physicians of all specialties with the mission of helping Travis County become a healthier community is very motivating,” Dr. Kavoussi said. “At the end of the day, the people in TCMS and those that the Society can assist in the community motivate me to be involved.”

Beyond practicing medicine and his involvement in TCMS, Dr. Kavoussi also had a rich experience volunteering in a remote village in Nicaragua for three months several summers ago. There, he helped patients who suffer from common diseases that have progressed to incredible stages due to the lack of preventive care. Dr. Kavoussi notes that each of the patients was genuinely happy and had a sincere appreciation for life.

“I love to see other cultures and societies, and when time permits to get involved in caring for patients in rural areas - it feels like pure medicine,” said Dr. Kavoussi. “These patients just wanted to be taken care of and the doctors just wanted to take care of patients. It was very simple and very gratifying.”

Next summer, Dr. Kavoussi plans to travel with the American Urological Association to South Africa on a world health initiative to minimize HIV transmission through circumcision clinics.